

The Making And Breaking Of Affectional Bonds Routledge Classics Volume 60

The End of the Perfect 10 Making it and Breaking it The Making and Breaking of Europe Iconoclasm Making and Breaking the Grid, Second Edition, Updated and Expanded The Making and Breaking of the Soviet System Black Corporate Executives Here's the Deal "Striking Images, Iconoclasm Past and Present" Shanda Constitutional Amendments The Making & Breaking of Affectional Bonds Making and Breaking the Gods Structures by Design Making Habits, Breaking Habits The Reckoning Making and Breaking States in Africa High-Conflict Parenting Post-Separation Making and Breaking Governments Squatting, Land Invasions and the Making and Breaking of the Apartheid Urban Order The Making and Breaking of Soviet Lithuania The Nonsense Factory The Making and Breaking of an American Spy Making and Breaking Governments Making a Nation, Breaking a Nation The Making and Breaking of the Australian Family Making and Breaking Children's Lives Promised Land The Making and Breaking of Almansur Little Girls in Pretty Boxes The Breaking and Making of Me Secrets of Making and Breaking Codes The Making and Breaking of Affectional Bonds The Making and Breaking of Affectional Bonds Carnage and the Media The Making and the Breaking of the Ghetto Mind The Making and Breaking of Communist Europe Making and Breaking the Grid Superheavy The Wages of Destruction

The End of the Perfect 10

Say you want to start going to the gym or practicing a musical instrument. How long should it take before you stop having to force it and start doing it automatically? The surprising answers are found in *Making Habits, Breaking Habits*, a psychologist's popular examination of one of the most powerful and under-appreciated processes in the mind. Although people like to think that they are in control, much of human behavior occurs without any decision-making or conscious thought. Drawing on hundreds of fascinating studies, psychologist Jeremy Dean busts the myths to finally explain why seemingly easy habits, like eating an apple a day, can be surprisingly difficult to form, and how to take charge of your brain's natural "autopilot" to make any change stick. Witty and intriguing, *Making Habits, Breaking Habits* shows how behavior is more than just a product of what you think. It is possible to bend your habits to your will—and be happier, more creative, and more productive.

Making it and Breaking it

Analisi: POLITICA. Storia. SISTEMI ECONOMICI. Economia controllata, pianificata. ECONOMIE NAZIONALI. Europe : Est.

The Making and Breaking of Europe

Structures by Design: Thinking, Making, Breaking is a new type of structures textbook for architects who prefer to learn using the hands-on, creative problem-solving techniques typically found in a design studio. Instead of presenting structures as abstract concepts defined by formulas and diagrams, this book uses a project-based approach to demonstrate how a range of efficient, effective, and expressive architectural solutions can be generated, tested, and revised. Each section of the book is focused on a particular manner by which structural resistance is provided: Form (Arches and Cables), Sections (Beams, Slabs, and Columns), Vectors (Trusses and Space Frames), Surfaces (Shells and Plates), and Frames (Connections and High-Rises). The design exercises featured in each chapter use the Think, Make, Break method of reiterative design to develop and evaluate different structural options. A variety of structural design tools will be used, including the human body, physical models, historical precedents, static diagrams, traditional formulae, and advanced digital analysis. The book can be incorporated into various course curricula and studio exercises because of the flexibility of the format and range of expertise required for these explorations. More than 500 original illustrations and photos provide example solutions and inspiration for further design exploration.

Iconoclasm

For designers working in every medium, layout is arguable the most basic, and most important, element. Effective layout is essential to communication and enables the end user to not only be drawn in with an innovative design but to digest information easily. Making and Breaking the Grid is a comprehensive layout design workshop that assumes that in order to effectively break the rules of grid-based design, one must first understand those rules and see them applied to real-world projects. Text reveals top designers' work in process and rationale. Projects with similar characteristics are linked through a simple notational system that encourages exploration and comparison of structure ideas. Also included are historical overviews that summarize the development of layout concepts, both grid-based and non-grid based, in modern design practice.

Making and Breaking the Grid, Second Edition, Updated and Expanded

Constitutional Amendments: Making, Breaking, and Changing Constitutions is both a roadmap for navigating the intellectual universe of constitutional amendments and a blueprint for building and improving the rules of constitutional change. Drawing from dozens of constitutions in every region of the world, this book blends theory with practice to answer two all-important questions: what is an amendment and how should constitutional designers structure the procedures of constitutional change? The first matters now more than ever. Reformers are exploiting the rules of constitutional

amendment, testing the limits of legal constraint, undermining the norms of democratic government, and flouting the constitution as written to create entirely new constitutions that masquerade as ordinary amendments. The second question is central to the performance and endurance of constitutions. Constitutional designers today have virtually no resources to guide them in constructing the rules of amendment, and scholars do not have a clear portrait of the significance of amendment rules in the project of constitutionalism. This book shows that no part of a constitution is more important than the procedures we use change it. Amendment rules open a window into the soul of a constitution, exposing its deepest vulnerabilities and revealing its greatest strengths. The codification of amendment rules often at the end of the text proves that last is not always least.

The Making and Breaking of the Soviet System

A withering and witty examination of how the American legal system, burdened by complexity and untrammelled growth, fails Americans and threatens the rule of law itself, by the acclaimed author of *A Generation of Sociopaths*. Our trial courts conduct hardly any trials, our correctional systems do not correct, and the rise of mandated arbitration has ushered in a shadowy system of privatized "justice." Meanwhile, our legislators can't even follow their own rules for making rules, while the rule of law mutates into a perpetual state of emergency. The legal system is becoming an incomprehensible farce. How did this happen? In *The Nonsense Factory*, Bruce Cannon Gibney shows that over the past seventy years, the legal system has dangerously confused quantity with quality and might with legitimacy. As the law bloats into chaos, it staggers on only by excusing itself from the very commands it insists that we obey, leaving Americans at the mercy of arbitrary power. By examining the system as a whole, Gibney shows that the tragedies often portrayed as isolated mistakes or the work of bad actors -- police misconduct, prosecutorial overreach, and the outrages of imperial presidencies -- are really the inevitable consequences of law's descent into lawlessness. The first book to deliver a lucid, comprehensive overview of the entire legal system, from the grandeur of Constitutional theory to the squalid workings of Congress, *The Nonsense Factory* provides a deeply researched and witty examination of America's state of legal absurdity, concluding with sensible options for reform.

Black Corporate Executives

A timely work of groundbreaking history explains how the American middle class ballooned at mid-century until it dominated the nation, showing who benefited and what brought the expansion to an end. In *Promised Land*, David Stebenne examines the extraordinary revival of the middle class in mid-twentieth century America and how it drastically changed the country. The story begins with the pervasive income and wealth inequality of the pre-New Deal period. What followed—Roosevelt's reforms, the regulation of business and finance, higher taxation of the truly affluent, and greater

government spending—began a great leveling. World War II brought the military draft and the GI Bill, similarly transformative elements that also helped expand the middle class. For decades, economic policies and cultural practices strengthened the trend, and by the 1960s the middle class dictated American tastes from books to TV shows to housing to food, creating a powerful political constituency with shared interests and ideals. The disruptive events of 1968, however, signaled the end of this headlong expansion. The cultural clashes and political protests of that era turned a spotlight on how the policies and practices of the middle-class era had privileged white men over women, people of color, and other marginalized groups, as well as economic growth over environmental protection. These conflicts, along with shifts in policy and economic stagnation, started shrinking that vast middle class and challenging its values, trends that continue to the present day. Now, as the so-called “end of the middle class” dominates the news cycle and politicians talk endlessly about how to revive it, Stebenne’s vivid history of a social revolution that produced a new and influential way of life reveals the fascinating story of how it was achieved and the considerable costs incurred along the way. In the form of a revealing history, *Promised Land* shines more than a little light on our possible future.

Here's the Deal

"Striking Images, Iconoclasms Past and Present "

WITH A NEW FOREWORD BY FORMER OLYMPIC GYMNAST JAMIE DANTZSCHER Welcome to the world of women's gymnastics and figure skating--the real world that happens away from the cameras, at the training camps and in the private lives of these talented teenage competitors. From starvation diets and debilitating injuries to the brutal tactics of tyrannical gymnastics guru Béla Károlyi, *LITTLE GIRLS IN PRETTY BOXES* portrays the horrors endured by girls at the hands of their coaches and sometimes their own families--and is now updated with a new introduction and foreword that address the sexual abuse scandal perpetrated by USA Gymnastics national team doctor, Larry Nassar. This groundbreaking book shows how a longstanding culture of abuse made young gymnasts perfect targets for a sexual predator, and continues to plead for sanity, safety, and an end to our national obsession: winning at any cost.

Shanda

Looks at the family in history, tracing the shift from household economy, to the child-centred nuclear family, to the recent proliferation of households.

Constitutional Amendments

Effective layout is essential to communication and enables the end user to not only be drawn in with an innovative design, but to digest information easily. Making and Breaking the Grid is a comprehensive layout design workshop that assumes that in order to effectively break the rules of grid-based design, one must first understand those rules and see them applied to real-world projects. Basics include composing typographic space, format determination, and sequencing and systemization. Various types of grids manuscript, column, modular, hierarchical are also covered. Text reveals top designers' work in process and rationale. Projects with similar characteristics are linked through a simple notational system that encourages exploration and comparison of structure ideas. Each project is shown comprehensively so readers can see its structure revealed over several pages, at a size that allows for inspection of detail. Also included are historical overviews that summarize the development of layout concepts, both grid-based and non-grid based, in modern design practice.

The Making & Breaking of Affectional Bonds

High-Conflict Parenting Post-Separation: The Making and Breaking of Family Ties describes an innovative approach for families where children are caught up in their parents' acrimonious relationship - before, during and after formal legal proceedings have been initiated and concluded. This first book in a brand-new series by researchers and clinicians at the Anna Freud National Centre for Children and Families (AFNCCF) outlines a model of therapeutic work which involves children, their parents and the wider family and social network. The aim is to protect children from conflict between their parents and thus enable them to have healthy relationships across both 'sides' of their family network. High-Conflict Parenting Post-Separation is written for professionals who work with high-conflict families - be that psychologists, psychiatrists, child and adult psychotherapists, family therapists, social workers, children's guardians and legal professionals including solicitors and mediators, as well as students and trainees in all these different disciplines. The book should also be of considerable interest for parents who struggle with post-separation issues that involve their children.

Making and Breaking the Gods

A gripping and insightful examination of the relationship between news-makers and news-watchers, looking at how images of war and tragedy are presented to us in the media and how we consume them. Jean Seaton argues that print and television news are central to the way in which we understand and respond emotionally to the world. She shows how we now tolerate without question the increasing levels of violence in news reporting and traces the public representation of suffering from ancient Romans through Communist Russia to all those who avidly watch today's breaking news'. Seaton neither harks back to a lost golden age, nor presumes that more news is necessarily better news. This is a celebration of the media, which, despite all its problems, we must embrace as an essential part of a free society.

Structures by Design

Making Habits, Breaking Habits

Making and Breaking Governments theorizes on how parties create, maintain, or replace new governments.

The Reckoning

In *The Reckoning*, award-winning historian Jacob Soll shows how the use and misuse of financial bookkeeping has determined the fates of entire societies. Time and again, Soll reveals, good and honest accounting has been a tool to build successful companies, states and empires. Yet when it is neglected or falls into the wrong hands, accounting has contributed to cycles of destruction that continue to this day. Combining rigorous scholarship and fresh storytelling, *The Reckoning* traces the surprisingly powerful influence of accounting on financial and political stability, from the powerful Medici bank in 14th century Italy to the 2008 financial crisis.

Making and Breaking States in Africa

Appearing on the world stage in 1918, Lithuania suffered numerous invasions, border changes and large scale population displacements. The successive occupations of Stalin in 1940 and Hitler in 1941, mass deportations to the Gulag and the elimination of the Jewish community in the Holocaust gave the horrors of World War II a special ferocity. Moreover, the fighting continued after 1945 with the anti-Soviet insurrection, crushed through mass deportations and forced collectivization in 1948-1951. At no point, however, did the process of national consolidation take a pause, making Lithuania an improbably representative case study of successful nation-building in this troubled region. As postwar reconstruction gained pace, ethnic Lithuanians from the countryside – the only community to remain after the war in significant numbers – were mobilized to work in the cities. They streamed into factory and university alike, creating a modern urban society, with new elites who had a surprising degree of freedom to promote national culture. This book describes how the national cultural elites constructed a Soviet Lithuanian identity against a backdrop of forced modernization in the fifties and sixties, and how they subsequently took it apart by evoking the memory of traumatic displacement in the seventies and eighties, later emerging as prominent leaders of the popular movement against Soviet rule.

High-Conflict Parenting Post-Separation

When we consider the moments that make up our lives, we think about the good things—the fulfilling career, loving family, bright future. Rarely do these moments include an adulterous spouse, crumbling marriage and shattered dreams. This is the reality faced by many though, even in the Christian community. So, what do we do then? How do we survive in the face of such betrayal? How do we put the pieces of our lives back together when we feel broken and deceived? How do we move on? This was the reality Author Gracie Kay woke up to one day, when she discovered her husband's infidelity. But by turning to God and applying his grace to her situation, Gracie was able to forgive and find healing for her soul. 'The Breaking and Making of Me' is an account of her journey towards that healing; and by seeking the same grace and applying the same steps and principles she did, you too can survive, be revived and thrive in the face of the ultimate betrayal.

Making and Breaking Governments

A collection of key lectures by John Bowlby which provide an invaluable introduction to his thought and work. In addition to the basic principles they contain much practical guidance for both parents and mental health professionals.

Squatting, Land Invasions and the Making and Breaking of the Apartheid Urban Order

Making and Breaking Governments theorizes on how parties create, maintain, or replace new governments.

The Making and Breaking of Soviet Lithuania

An extraordinary mythology has grown up around the Third Reich that hovers over political and moral debate even today. Adam Tooze's controversial new book challenges the conventional economic interpretations of that period to explore how Hitler's surprisingly prescient vision—ultimately hindered by Germany's limited resources and his own racial ideology—was to create a German super-state to dominate Europe and compete with what he saw as America's overwhelming power in a soon-to-be globalized world. *The Wages of Destruction* is a chilling work of originality and tremendous scholarship that is already setting off debate in Germany and will fundamentally change the way in which history views the Second World War.

The Nonsense Factory

Ever since humans first began to communicate, we've had secrets to keep — secrets of state, war, business, or the heart. From the moment the first secret message was sent, others were busy trying to decipher it. By rearranging, substituting, or transposing symbols, any message can be encoded or decoded — if you know how. *Secrets of Making and Breaking Codes* is a practical field manual designed to teach you the basic mechanics of enciphering and deciphering communications. The

author has used his extensive knowledge of and experience in electronic communications and languages — as well as his decades of fascination with secret codes — to demystify the field of cryptology. Hamilton Nickels uses plain, uncomplicated English and simple, workable systems that rely on neither advanced mathematics, nor on ethereal philosophies. This is the only hands-on guide to both the simplest cipher schemes — that need little more than scratch paper and a pencil to crack — as well as more sophisticated codes that use one-time code books, pocket calculators, and the most advanced computer-based systems used by the military and diplomatic corps of most governments. Letting the wrong eyes see a secret message can often make the difference between victory and defeat, success and failure, life and death. *Secrets of Making and Breaking Codes* will make mastering codes easier.

The Making and Breaking of an American Spy

All cultures make, and break, images. *Striking Images, Iconoclasms Past and Present* explores how and why people have made and modified images and other cultural material from pre-history into the 21st century. With its impressive chronological sweep and disciplinary breadth, this is the first book about iconoclasm (the breaking of images) and the transformation of broader sets of signs that includes contributions from archaeologists, curators, and museum conservators as well as historians of art, literature and religious studies. The chapters examine themes critical to the study of iconoclasm: violence, punishment, memory, intentionality, ruins and relics and their survival. The conclusion shows how cross-disciplinary debate amongst the contributors informed Tate Britain's 'Art under Attack' exhibition (2013) and addresses the challenges iconoclasm presents to the modern museum. By juxtaposing objects and places usually considered in isolation, *Striking Images* raises provocative questions about our understandings of cross-cultural differences and the value of representational objects from the broken swords of pre-historical bog graves to the Bamiyan Buddhas and contemporary art. Are any such objects ever 'finished?', or are they simply subject to constant transformation? In dialogue with each other, the essays consider this question and expand the field of iconoclasm - and cultural - studies.

Making and Breaking Governments

Argues that eliminating affirmative action programs also eliminates opportunities for minorities to move up the corporate ladder

Making a Nation, Breaking a Nation

An interwoven history of the European project, in tandem with the story of the European far right, recounting the series of shifts that have led to today's critical juncture: a post-Brexit European Union and a stark rise in support for far right,

populist parties across Europe.

The Making and Breaking of the Australian Family

Neal Karlen describes the rejection and subsequent embrace of the Jewish faith, remembering his childhood as the son of Orthodox parents, the self-loathing that changed his spiritual perspective, and his participation in devotional studies.

Making and Breaking Children's Lives

Helping both parents and psychologists to arrive at a better understanding of the inner emotional world of the infant, this selection of key lectures by Bowlby includes the seminal one that gives the volume its title. Informed by wide clinical experience, and written with the author's well-known humanity and lucidity, the lectures provide an invaluable introduction to John Bowlby's thought and work, as well as much practical guidance of use both to parents and to members of the mental health professions.

Promised Land

In The end of the perfect 10, Dvora Meyers provides an account of the controversial world of gymnastics, the recent changes to the scoring system, and what these changes mean for the future of American gymnastics.

The Making and Breaking of Almansur

For anyone that has ever wondered what the life of an American deep-cover international spy is like, this book will quench your appetite. Author James A. Everett shares his story of recruitment and training by the CIA, and his eventual untimely dismissal. This autobiographical work takes the reader from Everett's initiation and training in this arm of government work, through his disillusionment after his cover is blown during the Watergate scandal when Congressional hearings expose his true CIA relationship. In his post-CIA life, he gains a deeper understanding of the political and often devious activities of Empire America, and becomes a peace activist critical of the CIA. About the Author: James A. Everett has been writing his entire life and has been published in numerous magazines and newspapers in a wide variety of genres. He has been writing a weekly opinion column in a daily newspaper for five years and has been recognized with numerous awards, including Kansas City's International Citizen of the Year Award, and the Crescent Peace Society's Annual Peace Award. Publisher's website: <http://www.strategicpublishinggroup.com/title/TheMakingandBreakingOfAnAmericanSpy.html>

Little Girls in Pretty Boxes

This book focuses on the cultural processes by which the idea of a Yugoslav nation was developed and on the reasons that this idea ultimately failed to bind the South Slavs into a viable nation and state. The author argues that the collapse of multinational Yugoslavia and the establishment of separate uninational states did not result from the breakdown of the political or economic fabric of the Yugoslav state; rather, that breakdown itself sprang from the destruction of the concept of a Yugoslav nation. Had such a concept been retained, a collapse of political authority would have been followed by the eventual reconstitution of a Yugoslav state, as happened after World War II, rather than the creation of separate nation-states. Because the author emphasizes nation building rather than state building, the causes and evidence he cites for Yugoslavia's collapse differ markedly from those that have previously been put forward. He concentrates on culture and cultural politics in the South Slavic lands from the mid-nineteenth century to the present in order to delineate those ideological mechanisms that helped lay the foundation for the formation of a Yugoslav nation in the first place, sustained the nation during its approximately seventy-year existence, and led to its dissolution. The book describes the evolution of the idea of Yugoslav national unity in four major areas: linguistic policies geared to creating a shared national language, the promulgation of a Yugoslav literary and artistic canon, an educational policy that emphasized the teaching of literature and history in schools, and the production of new literary and artistic works incorporating a Yugoslav view. In the book's conclusion, the author discusses the relevance of the Yugoslav case for other parts of the world, considering whether the triumph of particularist nationalism is inevitable in multinational states.

The Breaking and Making of Me

Shortlisted for the 2020 AAAS/Subaru SB&F Prize for Excellence in Science Books Creating an element is no easy feat. It's the equivalent of firing six trillion bullets a second at a needle in a haystack, hoping the bullet and needle somehow fuse together, then catching it in less than a thousandth of a second – after which it's gone forever. Welcome to the world of the superheavy elements: a realm where scientists use giant machines and spend years trying to make a single atom of mysterious artefacts that have never existed on Earth. From the first elements past uranium and their role in the atomic bomb to the latest discoveries stretching our chemical world, Superheavy will reveal the hidden stories lurking at the edges of the periodic table. Why did the US Air Force fly planes into mushroom clouds? Who won the transactinoid wars? How did an earthquake help give Japan its first element? And what happened when Superman almost spilled nuclear secrets? In a globe-trotting adventure that stretches from the United States to Russia, Sweden to Australia, Superheavy is your guide to the amazing science filling in the missing pieces of the periodic table. By the end you'll not only marvel at how nuclear science has changed our lives – you'll wonder where it's going to take us in the future.

Secrets of Making and Breaking Codes

The Making and Breaking of Affectional Bonds

The Making and Breaking of Affectional Bonds

Analyses the crucial episodes in the recent political history of the Somali people. In their complicated dialogue with modernity, the Somalis illustrate both extremes of modern African statehood. In contemporary Somalia, they have produced the most extreme example of a failed state, while in the Somaliland Republic, they have achieved what is regarded as the most democratic state on the continent.

Carnage and the Media

Helping both parents and psychologists to arrive at a better understanding of the inner emotional world of the infant, this selection of key lectures by Bowlby includes the seminal one that gives the volume its title. Informed by wide clinical experience, and written with the author's well-known humanity and lucidity, the lectures provide an invaluable introduction to John Bowlby's thought and work, as well as much practical guidance of use both to parents and to members of the mental health professions.

The Making and the Breaking of the Ghetto Mind

With 44 photographs and 30 illustrations.

The Making and Breaking of Communist Europe

Iconoclasm – the alteration, destruction, or displacement of icons – is usually considered taboo or profane. But, on occasion, the act of destroying the sacred unintentionally bestows iconic status on the desecrated object. Iconoclasm examines the reciprocity between the building and the breaking of images, paying special attention to the constructive power of destructive acts. Although iconoclasm carries with it inherently religious connotations, this volume examines the shattering of images beyond the spiritual and the sacred. Presenting responses to renowned cultural anthropologist and theorist Michael Taussig, these essays centre on conceptual iconoclasm and explore the sacrality of objects and belief systems from

historical, cultural, and disciplinary perspectives. From Milton and Nietzsche to Paul Newman and Banksy, through such diverse media and genres as photography, the popular romance novel, pornography, graffiti, cinema, advertising, and the dictionary, this book questions how icons and iconoclasm are represented, the language used to describe them, and the manner in which objects signify once they are shattered. An interdisciplinary, disconnected, and non-linear consideration of the historical and contemporary relationship between the sacred and the profane, Iconoclasm disrupts entrenched views about the revered or reviled idols present in most aspects of daily life. Contributors include T. Nikki Cesare Schotzko (Toronto), Christopher van Ginhoven Rey (Pomona College), Helen Hester (West London), Emily Hoffman (Arkansas Tech), Natalie B. Pendergast (Yukon College), Beth Saunders (Maryland), Adam Swann (Glasgow), Michael Taussig (Columbia), Angela Toscano (Iowa), Brendon Wocke (Perpignan).

Making and Breaking the Grid

Making and Breaking Children's Lives examines how children are hurt in modern society.

Superheavy

The basic premise of the book at hand is that there is meaning to be 'excavated' (in both meanings of the word) from Christian responses to pagan sculpture in the period from the fourth to the sixth century. More than mindless acts of religious violence by fanatical mobs, these responses are revelatory of contemporary conceptions of images and the different ways in which the material manifestations of the pagan past could be negotiated in Late Antiquity. Statues were important to the social, political and religious life of cities across the Mediterranean, as well as part of a culture of representation that was intricately bound to bodily taxonomies and visual practices.

The Wages of Destruction

Drawing on a wide range of post-Soviet materials, Christopher Read examines the reasons for the successes and failures of the Soviet system. He argues that the underlying reasons for the system's collapse can be found in the contradictions of the revolution which gave birth to it. The consequences are traced from Stalin to Gorbachev's doomed attempt to transform the Soviet system. Particular attention is given to the divergence between the aspirations of the leadership and the social evolution of ordinary Russians.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)