

# **Under The Skin A Psychoanalytic Study Of Body Modification The New Library Of Psychoanalysis Beyond The Couch**

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ModelSkin ActsPouvoirs de L'horreur (English)Skin in  
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## **Skin, Culture and Psychoanalysis**

In this clinically rich and deeply personal book, Chris Jaenicke demonstrates that the therapeutic process involves change in both the patient and the analyst, and that therapy will not have a lasting effect until the inevitability and depth of the analyst's involvement in the intersubjective field is better understood. In other words, in order to change, we must allow ourselves to be changed. This can happen within the sessions themselves, as one grasps the influence of and decenters from one's own subjectivity, with cumulative effects over the course of the treatment. Thus the process, limitations, and cure of psychotherapy are cocreated, without displacing the asymmetrical nature of roles and responsibility. Essentially, beyond the theories and techniques, it is the specificity of our subjectivity as it interacts with the patient's subjectivity which plays the central role in the therapeutic process.

## **The Tavistock Model**

Powers of Horror is an excellent introduction to an aspect of contemporary French literature which has been allowed to become somewhat neglected in the current emphasis on para-philosophical modes of discourse."

## **Skin Acts**

Buildings shape our identity and sense of self in profound ways that are not always evident to

architects and town planners, or even to those who think they are intimately familiar with the buildings they inhabit. *Architecture and the Mimetic Self* provides a useful theoretical guide to our unconscious behaviour in relation to buildings, and explains both how and why we are drawn to specific elements and features of architectural design. It reveals how even the most uninspiring of buildings can be modified to meet our unconscious expectations and requirements of them—and, by the same token, it explores the repercussions for our wellbeing when buildings fail to do so. Criteria for effective architectural design have for a long time been grounded in utilitarian and aesthetic principles of function, efficiency, cost, and visual impact. Although these are important considerations, they often fail to meet the fundamental needs of those who inhabit and use buildings. Misconceptions are rife, not least because our responses to architecture are often difficult to measure, and are in large part unconscious. By bridging psychoanalytic thought and architectural theory, *Architecture and the Mimetic Self* frees the former from its preoccupations with interpersonal human relations to address the vital relationships that we establish with our nonhuman environments. In addition to providing a guide to the unconscious behaviours that are most relevant for evaluating architectural design, this book explains how our relationships with the built environment inform a more expansive and useful psychoanalytic theory of human relationship and identity. It will appeal to psychoanalysts and analytical psychologists, architects, and all who are interested in the overlaps of psychology, architecture, and the built

## **Pouvoirs de L'horreur (English)**

White Privilege: Psychoanalytic Perspectives looks at race and the significant role it plays in society and in clinical practice. Much of the effort going into racial consciousness-raising rests on the concept of unearned "white privilege". In this book, Neil Altman looks deeply into this notion, suggesting that there are hidden assumptions in the idea of white privilege that perpetuate the very same racially prejudicial notions that are purportedly being dismantled. The book examines in depth the structure of racial categories, polarized between white and black, that are socially constructed, resting on fallacious ideas of physical or psychological differences among peoples. Altman also critically examines such related concepts as privilege, guilt, and power. It is suggested that political positions are also artificially polarized into categories of "liberal", "left" and "conservative", "right", in ways that contribute to stereotyping between people with different political leanings, foreclosing mutual respect, dialogue, and understanding. Finally, White Privilege: Psychoanalytic Perspectives explores the implications for the theory and practice of psychoanalytic psychotherapy, discussing these ideas in detail and depth with clinical illustrations. Drawing on Altman's rich clinical experience and many years of engaging with racial and societal problems, this book offers a new agenda for understanding and offering analytic practice in contemporary society. It will appeal to

clinicians, psychoanalytic therapists, and anyone with an interest in social problems and how they manifest in society and in therapy today.

## **Skin in Psychoanalysis**

*Between Skins* challenges individualistic accounts of the body in psychoanalysis. Drawing on philosophy, contemporary neurobiology and developmental research, Nicola Diamond explores the ways in which bodily processes and skin experience are inseparable from the field of language and environmental context. The first book to address epistemological implications for a new understanding of the body and embodiment - offers a new perspective on the division between mind, body and world Brings together a philosophical phenomenological account of body experience with key concepts from psychoanalysis, developmental research and neuroscience Responds to a growing interest in the body and psychoanalysis, and considers some limitations in neuro-biological accounts of brain-body processes for psychoanalytical understanding

## **Between Skins**

Over 100 years since its origins, psychoanalysis continues to be a key source of insights across the humanities and social sciences. Being well-versed in psychoanalytic concepts is a crucial element in cultural literacy today. *Key Concepts in Psychoanalysis* accessibly introduces the core psychoanalytic concepts. In contrast to existing

dictionaries, the volume does not simply offer cursory definitions, and it is not overly entrenched in a particular psychoanalytic tradition. Providing short, reader-friendly descriptions of each concept, *Key Concepts in Psychoanalysis* shows both its place in the field as well its more general cultural usage. It is not simply a reference book, but can be read cover to cover to provide an overview of the therapeutic and cultural uses of central terms. Concepts are introduced in ways which make them truly available to a non-expert readership and to beginning students. Examples of concepts introduced include: unconscious, repression, projection, Oedipus complex, interpretation, resistance, and transference.

## **The Digital Age on the Couch**

Bristling with intelligence and shimmering with romance, this novel tests the boundary between history and myth. Patrick Lewis arrives in Toronto in the 1920s and earns his living searching for a vanished millionaire and tunneling beneath Lake Ontario. In the course of his adventures, Patrick's life intersects with those of characters who reappear in Ondaatje's Booker Prize-winning *The English Patient*. 256 pp.

## **Reading French Psychoanalysis**

*Personality Theories: Critical Perspectives* is the groundbreaking, final text written by Albert Ellis, long considered the founder of cognitive behavioral therapies. The book provides students with supporting

and contradictory evidence for the development of personality theories through time. Without condemning the founding theorists who came before him, Ellis builds on more than a century of psychological research to re-examine the theories of Freud, Jung, and Adler while taking an equally critical look at modern, research-based theories, including his own.

## **Under the Skin**

Peter Buirski argues that intersubjectivity is founded on two assumptions: First, our moment-by-moment experience of ourselves and the world emerges within a dynamic, fluid context of others; and, second, that we can never observe things as they exist in isolation.--Nancy McWilliams, Ph.D, Rutgers University  
"Clinical Social Work Journal"

## **Making Sense Together**

Intersectionality and Relational Psychoanalysis: New Perspectives on Race, Gender, and Sexuality examines the links between race, gender, and sexuality through the dual perspectives of relational psychoanalysis and the theory of intersectionality. This anthology discusses the ways in which clinicians and patients inadvertently reproduce experiences of privilege and marginalization in the consulting room. Focusing particularly on the experiences of immigrants, women of color, sex workers, and LGBTQ individuals, the contributing authors explore how similarities and differences between the patient's and

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analyst's gender, race, and sexual orientation can be acknowledged, challenged, and negotiated.

Combining intersectional theory with relational psychoanalytic thought, the authors introduce a number of thought-provoking clinical vignettes to suggest how adopting an intersectional approach can help us navigate the space between pathology and difference in psychotherapy. By bringing together these new psychoanalytically-informed perspectives on clinical work with minority and marginalized individuals, *Intersectionality and Relational Psychoanalysis* makes an important contribution to psychoanalysis, psychology, and social work.

## **Personality Theories**

*Black Skin, White Masks* is a classic, devastating account of the dehumanising effects of colonisation experienced by black subjects living in a white world. First published in English in 1967, this book provides an unsurpassed study of the psychology of racism using scientific analysis and poetic grace. Franz Fanon identifies a devastating pathology at the heart of Western culture, a denial of difference, that persists to this day. A major influence on civil rights, anti-colonial, and black consciousness movements around the world, his writings speak to all who continue the struggle for political and cultural liberation. With an introduction by Paul Gilroy, author of *There Ain't No Black in the Union Jack*.

## **A Skin for Thought**

This is one of a new two volume edition of Collected Papers of Martha Harris and Esther Bick, which includes some papers not published in the first edition. The companion volume, Adolescence, by Martha Harris and Donald Meltzer, contains those papers by Martha Harris specifically related to adolescence.

## **Introductory Lectures on Psychoanalysis**

As inequality widens in all sectors of contemporary society, we must ask: is psychoanalysis too white and well-to-do to be relevant to social, economic, and racial justice struggles? Are its ideas and practices too alien for people of color? Can it help us understand why systems of oppression are so stable and how oppression becomes internalized? In *A People's History of Psychoanalysis: From Freud to Liberation Psychology*, Daniel José Gaztambide reviews the oft-forgotten history of social justice in psychoanalysis. Starting with the work of Sigmund Freud and the first generation of left-leaning psychoanalysts, Gaztambide traces a series of interrelated psychoanalytic ideas and social justice movements that culminated in the work of Frantz Fanon, Paulo Freire, and Ignacio Martín-Baró. Through this intellectual genealogy, Gaztambide presents a psychoanalytically informed theory of race, class, and internalized oppression that resulted from the intertwined efforts of psychoanalysts and racial justice advocates over the course of generations and gave rise to liberation psychology. This book is recommended for students and scholars engaged in

## **The Skin-Ego**

Minding the Body: The Body in Psychoanalysis and Beyond outlines the value of a psychoanalytic approach to understanding the body and its vicissitudes and for addressing these in the context of psychoanalytic psychotherapy and psychoanalysis. The chapters cover a broad but esoteric range of subjects that are not often discussed within psychoanalysis such as the function of breast augmentation surgery, the psychic origins of hair, the use made of the analyst's toilet, transsexuality and the connection between dermatological conditions and necrophilic fantasies. The book also reaches 'beyond the couch' to consider the nature of reality television makeover show. The book is based on the Alessandra Lemma's extensive clinical experience as a psychoanalyst and psychologist working in a range of public and private health care settings with patients for whom the body is the primary presenting problem or who have made unconscious use of the body to communicate their psychic pain. Minding the Body draws on detailed clinical examples that vividly illustrate how the author approaches these clinical presentations in the consulting room and, as such, provides insights to the practicing clinician that will support their attempts at formulating patients' difficulties psychoanalytically and for how to help such patients. It will be essential reading for psychoanalysts, psychologists, psychiatrists, mental health workers, academics and literary readers

## **Intersectionality and Relational Psychoanalysis**

### **Psychoanalytic Case Formulation**

In *Skin Acts*, Michelle Ann Stephens explores the work of four iconic twentieth-century black male performers—Bert Williams, Paul Robeson, Harry Belafonte, and Bob Marley—to reveal how racial and sexual difference is both marked by and experienced in the skin. She situates each figure within his cultural moment, examining his performance in the context of contemporary race relations and visual regimes. Drawing on Lacanian psychoanalysis and performance theory, Stephens contends that while black skin is subject to what Frantz Fanon called the epidermalizing and hardening effects of the gaze, it is in the flesh that other—intersubjective, pre-discursive, and sensuous—forms of knowing take place between artist and audience. Analyzing a wide range of visual, musical, and textual sources, Stephens shows that black subjectivity and performativity are structured by the tension between skin and flesh, sight and touch, difference and sameness.

### **Psychoanalysis and Digital Culture**

In reasoned progression he outlined core psychoanalytic concepts, such as repression, free association and libido. Of the various English

translations of Freud's major works to appear in his lifetime, only one was authorized by Freud himself: The Standard Edition of the Complete Psychological Works of Sigmund Freud under the general editorship of James Strachey. Freud approved the overall editorial plan, specific renderings of key words and phrases, and the addition of valuable notes, from bibliographical and explanatory. Many of the translations were done by Strachey himself; the rest were prepared under his supervision. The result was to place the Standard Edition in a position of unquestioned supremacy over all other existing versions. Newly designed in a uniform format, each new paperback in the Standard Edition opens with a biographical essay on Freud's life and work --along with a note on the individual volume--by Peter Gay, Sterling Professor of History at Yale.

## **Listening Subjects**

Versatile, trendy, and resilient, the global cosmetic surgery industry shows no signs of decline, especially with its promises, not just of aesthetic improvement, but of absolute transformation. Introducing the concept of "surface imagination," Rachel Hurst discusses the fantasy that a change to the exterior will enhance the interior, or that the outside is more significant because it fashions the inside. Drawing on psychoanalysis, feminist theory, popular culture, the history of medicine, and interviews with women who have undergone cosmetic procedures, Hurst explores the tensions between the two primary surfaces of cosmetic surgery: the photograph and the skin. The

photograph, an idealized surface for envisioning the effects of cosmetic surgery, allows for speculation and retouching, predictably and without pain. The skin, on the other hand, is a recalcitrant surface that records the passage of time and heals unpredictably. Ultimately, Hurst argues, the fantasy of surface imagination corroborates the belief that one's body is mutable and controllable, and that control over one's body permits control over one's social, emotional, and mental suffering. Acknowledging the varied experiences and opinions of the patients interviewed, but also critiquing the promises made by the industry, *Surface Imaginations* develops an innovative approach to thinking about cosmetic surgical transformations through the seduction of surfaces.

## **Skin, Culture and Psychoanalysis**

This is a new kind of anthology. More conversation than collection, it locates the psychic and the social in clinical moments illuminating the analyst's struggle to grasp a patient's internal life as voiced through individual political, social, and material contexts. Each chapter is a single detailed case vignette in which aspects of race, gender, sexual orientation, heritage, ethnicity, class – elements of the sociopolitical matrix of culture – are brought to the fore in the transference-countertransference dimension, demonstrating how they affect the analytic encounter. Additionally, discussions by three senior analysts further deconstruct patients' and analysts' cultural embeddedness as illustrated in each chapter. For the practicing clinician as well as the seasoned academic,

this highly readable and intellectually compelling book clearly demonstrates that culture saturates subjective experience - something that all mental health professionals should keep in mind.

## **Change in Psychoanalysis**

Skin in Psychoanalysis is an important theoretical contribution, revising several authors starting with Freud in whose writing we can now discover multiple direct or indirect references to the skin. It adopts a decidedly complex point of view regarding the skin here: the skin as source, the skin as object, the skin as protection and as a way of entrance, as contact and as contagion, the skin 'for two' within the relationship with the mother, the skin as envelope and as support, as a shell presented as 'second skin', as demarcation of individuality, as a place of inscription of non-verbal memories, toxic envelopes and so on. Also, being the result of more than fifteen years of work with dermatologists and patients with skin diseases, psoriasis in particular, the book can be seen as a serious proposal for interdisciplinary work between dermatologists and psychoanalysts. 'The hospital is a place where both tragedies and miracles occur, where many people go to heal but many others go in search for punishment.

## **With Culture in Mind**

Using 'Freud's Project for a scientific psychology' as a starting point, this book is a brilliant new approach that combines psychoanalytical research with

neuroscience. Its aim is to delineate a new psychological framework for mental health practitioners. The author throws light on the slow pace of brain development during childhood, grapples with both the question of evolutionary factors, and the infant's sensitivity and predisposition to build relationships within his environment. The book also broadens and highlights two key topics; the origin of language and the importance of introjective-projective modulation in verbal communication.

## **Minding the Body**

What kinds of questions do experienced therapists ask themselves when facing a new client? How can clinical expertise be taught? From the author of the landmark *Psychoanalytic Diagnosis*, this book takes clinicians step-by-step through developing an understanding of each client's unique psychology and using this information to guide and inform treatment decisions. McWilliams shows that while seasoned practitioners rely upon established diagnostic categories for record-keeping and insurance purposes, their actual clinical concepts and practices reflect more inferential, subjective, and intuitive processes. Interweaving illustrative case examples with theoretical insights and clinically significant research, chapters cover assessment of client temperament, developmental issues, defenses, affects, identifications, relational patterns, self-esteem needs, and pathogenic beliefs.

Winner--Gradiva Award, National Association for the Advancement of Psychoanalysis

An Apocryphal Dictionary of Psychoanalysis is a book of transpositions, collecting together the author's clinical vignettes, enigmatic objects, stray thoughts, projects, images, notes from readings, and musings; but also remarks on films and exhibitions, memories, episodes from daily life, summaries of papers to write, questions, doubts and obsessions - all of which have shaped the author's understanding of psychoanalysis. Born from moments in which the author has sensed a solution for problems encountered in daily work or for obscure but exciting points of the theory, the entries are ordered in an apocryphal manner, offering a personal and challenging view of psychoanalysis. Like small epiphanies in which there is always an emotion - be it that of amusement, astonishment, gratitude, sadness, joy - they express the style of the analyst and of the person in treating mental suffering and give a glimpse into the imaginary which nurtures it. Ideas for psychoanalysis are outlined where at centre stage is the ability to wait, to be surprised; to operate from the place of the unconscious, which by definition is a place of negativity, and to exercise a form of soft scepticism - ultimately, a mode of hospitality. An Apocryphal Dictionary of Psychoanalysis will be of great use to psychoanalysts and psychoanalytic psychotherapists.

## **White Privilege**

Many people come to analysis appearing quite 'ordinary' on the surface. However, once below that

surface, we often come into contact with something quite unexpected: 'extra-ordinary protections' created to keep at bay any awareness of deeply traumatic happenings occurring at some point in life. Judith Mitrani investigates the development and the function of these protections, allowing the reader to witness the evolution of the process of transformation, wherein defensiveness steadily mutates into communication. She lucidly and artfully weaves detailed clinical with a variety of analytic concepts, and her original notions - including 'unmentalized experience' and its expression in enactments; 'adhesive pseudo-object relations' and the way in which this contracts and compares with normal and narcissistic object relations - provide valuable tools for understanding the infantile transference/countertransference and for the refinement of our technique with primitive mental states. *Ordinary People and Extra-Ordinary Protections* will prove stimulating and accessible in its style and substance to a broad analytic readership, from the serious student of psychoanalysis to the most seasoned professional.

## **Surface Imaginations**

In this classic work, the author presents and develops his theory of the importance of 'the Skin-ego'. Just as the skin is wrapped around the body, so the author sees the 'Skin-ego' as a psychical wrapping containing, defining and consolidating the subject. From this perspective, the structure and functions of the skin can provide psychoanalysts and general

readers with a fertile and practical metaphor. The author's concept of the Skin-ego is the answer to questions he regards as crucial to contemporary psychoanalysis: questions of topography which were left incomplete by Freud; the analysis of fantasies of the container as of the contained; issues of touch between mothers and babies; extending the concept of prohibitions within an Oedipal framework to those derived from a prohibition on touching; and questions pertaining to the representation of the body and to its psychoanalytic setting. This new translation of *Le Moi-peau* is based on the second and last (1995) edition.

## **The Development of Consciousness**

An interdisciplinary study of skin bridging cultural and psychoanalytic theory to consider how the body's "exterior" is central to human subjectivity and relations. The authors explore racialization, body modification, self-harm, and comedic representations of skin, drawing from the clinical domain, visual arts, popular culture, and literature.

## **Dark Continents**

How has psychoanalysis developed in France in the years since Lacan so dramatically polarized the field? In this book, Dana Birksted-Breen and Sara Flanders of the British Psychoanalytical Society, and Alain Gibeault of the Paris Psychoanalytical Society provide an overview of how French psychoanalysis has developed since Lacan. Focusing primarily on the work of psychoanalysts from the French

Psychoanalytical Association and from the Paris Psychoanalytical Society, the two British psychoanalysts view the evolution of theory as it appears to them from the outside, while the French psychoanalyst explains and elaborates from inside the French psychoanalytic discourse. Seminal and representative papers have been chosen to illuminate what is special about French thinking. A substantial general introduction argues in favour of the specificity of 'French psychoanalysis', tracing its early influences and highlighting specific contemporary developments. Sections are made up of introductory material by Alain Gibeault, followed by illustrative papers in the following categories: the history of psychoanalysis in France the pioneers and their legacy the setting and the process of psychoanalysis phantasy and representation the body and the drives masculine and feminine sexuality psychosis. An excellent introduction to French psychoanalytical debate, *Reading French Psychoanalysis* sheds a complementary light on thinking that has evolved differently in England and North America. It will be ideal reading for beginners and advanced students of clinical theory as well as experienced psychoanalysts wanting to know more about French Psychoanalytic theory, and how it has developed.

## **Skin in Psychoanalysis**

A Psychoanalytic Exploration of the Body in Today's World: On the Body examines the importance of the body in everyday psychoanalytic practice and beyond. Written by world leading clinicians and

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international scholars, this important book aims to relocate the psychoanalytic body in the modern, more challenging world. Bringing together perspectives from across the range of psychoanalytic schools of thought, it covers essential analytic topics such as family and parenting, sex and gender, illness and psychosomatics, and concepts of the body in infancy. Though in Freud's writing the intertwining of body and psyche is fundamental, psychoanalytic thought has sometimes downplayed or ignored this idea. This book returns the body to its rightful place in psychoanalysis, and brings the body into the contemporary world of technology and change, offering fresh insight into the sick body, the sexual body, the speaking body, the body of the changing family in which the traditional gendered labels no longer fit seamlessly, gender dynamics and much more. *A Psychoanalytic Exploration of the Body in Today's World* gives renewed and increased emphasis to an essential tenant of psychoanalysis. With contributions from some of the most important modern psychoanalysts, this book will prove an essential work for both psychotherapists and academics.

## **Black Skin, White Masks**

Is racial conflict determined by biology or society? So many conflicts appear to be caused by racial and ethnic differences; for example, the cities of Britain and America are regularly affected by race riots. It is argued by socio-biologists and some schools of psychoanalysis that our instincts are programmed to

hate those different to us by evolutionary and developmental mechanisms. This book argues against this line, proposing an alternative drawing on insights from diverse disciplines including anthropology, social psychology and linguistics, to give power-relations a critical explanatory role in the generation of hatreds. Farhad Dalal argues that people differentiate between races in order to make a distinction between the 'haves' and 'must-not-haves', and that this process is cognitive, emotional and political rather than biological. Examining the subject over the past thousand years, *Race, Colour and the Processes of Racialisation* covers: \* psychoanalytic and other theories of racism \* a new theorisation of racism based on group analytic theory \* a general theory of difference based on the works of Fanon, Elias, Matte-Blanco and Foulkes \* application of this theory to race and racism. Farhad Dalal concludes that the structures of society are reflected in the structures of the psyche, and both of these are colour coded. This book will be invaluable to students, academics and practitioners in the areas of psychoanalysis, group analysis, psychotherapy and counselling.

## **Ordinary People and Extra-ordinary Protections**

A French analyst discusses the interface between psychoanalysis and psychology. *A Skin for Thought* takes the form of ten transcribed discussions between Didier Anzieu and Gilbert Tarrab, recorded in Montreal during Anzieu's lecture tour there. A practitioner and theoretician of individual and group analysis, Anzieu

speaks frankly of the origins and development of his vocation, the stages of his training, and the evolution of his research, and explains the principal ideas he has developed: group illusion; the psychic tasks of creativity, and 'the Skin Ego'. In answer to Gilbert Tarrab's probing questions, Didier Anzieu recalls the distinctive atmosphere of his childhood, a first analysis with Lacan, the events of May 1968 at Nanterre, his literary ambitions, and his enthusiasm for psychodrama.

## **Psychic Envelopes**

The Digital Age is on the couch. Working today, it is essential that clinicians understand the world we live in. The transition from an industrial economy to an information economy impacts not just the external structure of society and commerce, but also the internal psychic economies of our brains and, inevitably, how clinicians conceptualise the analytic setting in which they practice as therapists and analysts. The Digital Age on the Couch seeks to understand more about how new technologies interact with the prerogatives of an individual's internal world, how they may alter psychic structure itself in fundamental ways and the implications this may have for the individual's functioning and for the operation of society. This book attempts, from the perspective of a working clinician, to make some sense of this. The impact of mediation via technology and the consequent disintermediation of the body represent central themes throughout, as they impact on the experience of embodiment, on the 'work of

desire' and on the way new media influences psychoanalytic practice. New media offer opportunities for increasing accessibility to mental health care, including psychoanalytic interventions. However, this requires a sophisticated understanding of how to best create and safeguard the analytic setting. Alessandra Lemma here guides the clinician through an exploration of the limitations and risks of mediated psychotherapy, illustrated with clinical examples throughout. *The Digital Age on the Couch* offers an accessibly written guide to combining existing psychoanalytic theory and practice with the challenges presented by digital media. It will appeal to psychoanalysts, psychoanalytic psychotherapists and counsellors.

## **A People's History of Psychoanalysis**

*Psychoanalysis and Digital Culture* offers a comprehensive account of our contemporary media environment—digital culture and audiences in particular—by drawing on psychoanalysis and media studies frameworks. It provides an introduction to the psychoanalytic affect theories of Sigmund Freud and Didier Anzieu and applies them theoretically and methodologically in a number of case studies.

Johanssen argues that digital media fundamentally shape our subjectivities on affective and unconscious levels, and he critically analyses phenomena such as television viewing, Twitter use, affective labour on social media, and data-mining. How does watching television involve the body? Why are we so drawn to reality television? Why do we share certain things on

social media and not others? How are bodies represented on social media? How do big data and data mining influence our identities? Can algorithms help us make better decisions? These questions amongst others are addressed in the chapters of this wide-ranging book. Johanssen shows in a number of case studies how a psychoanalytic angle can bring new insights to audience studies and digital media research more generally. From audience research with viewers of the reality television show *Embarrassing Bodies* and how they unconsciously used it to work through feelings about their own bodies, to a critical engagement with Hardt and Negri's notion of affective labour and how individuals with bodily differences used social media for their own affective-digital labour, the book suggests that an understanding of affect based on Freud and Anzieu is helpful when thinking about media use. The monograph also discusses the perverse implications of algorithms, big data and data mining for subjectivities. In drawing on empirical data and examples throughout, Johanssen presents a compelling analysis of our contemporary media environment.

## **Femininity and Psychoanalysis**

Skin in Psychoanalysis is an important theoretical contribution, revising several authors starting with Freud in whose writing we can now discover multiple direct or indirect references to the skin. It adopts a decidedly complex point of view regarding the skin here: the skin as source, the skin as object, the skin

as protection and as a way of entrance, as contact and as contagion, the skin 'for two' within the relationship with the mother, the skin as envelope and as support, as a shell presented as 'second skin', as demarcation of individuality, as a place of inscription of non-verbal memories, toxic envelopes and so on. Also, being the result of more than fifteen years of work with dermatologists and patients with skin diseases, psoriasis in particular, the book can be seen as a serious proposal for interdisciplinary work between dermatologists and psychoanalysts. 'The hospital is a place where both tragedies and miracles occur, where many people go to heal but many others go in search for punishment.

## **Architecture and the Mimetic Self**

Through an interview-based study, Victoria Pitts has researched the subcultural milieu of contemporary body modification, focusing on the ways sexuality, gender and ethnicity are being reconfigured through new body technologies - not only tattooing, but piercing, cyberpunk and such 'neotribal' practices as scarification. She interprets the stories of sixteen body modifiers (as well as some subcultural magazines and films) using the tools of feminist and queer theory. Pitts not only covers a hot topic but also situates it in a theoretical context.

## **In the Skin of a Lion**

An interdisciplinary study of skin bridging cultural and psychoanalytic theory to consider how the body's

"exterior" is central to human subjectivity and relations. The authors explore racialization, body modification, self-harm, and comedic representations of skin, drawing from the clinical domain, visual arts, popular culture, and literature.

## **Race, Colour and the Processes of Racialization**

Sigmund Freud infamously referred to women's sexuality as a "dark continent" for psychoanalysis, drawing on colonial explorer Henry Morton Stanley's use of the same phrase to refer to Africa. While the problematic universalism of psychoanalysis led theorists to reject its relevance for postcolonial critique, Ranjana Khanna boldly shows how bringing psychoanalysis, colonialism, and women together can become the starting point of a postcolonial feminist theory. Psychoanalysis brings to light, Khanna argues, how nation-statehood for the former colonies of Europe institutes the violence of European imperialist history. Far from rejecting psychoanalysis, *Dark Continents* reveals its importance as a reading practice that makes visible the psychical strife of colonial and postcolonial modernity. Assessing the merits of various models of nationalism, psychoanalysis, and colonialism, it refashions colonial melancholy as a transnational feminist ethics. Khanna traces the colonial backgrounds of psychoanalysis from its beginnings in the late nineteenth century up to the present. Illuminating Freud's debt to the languages of archaeology and anthropology throughout his career, Khanna describes how Freud

altered his theories of the ego as his own political status shifted from Habsburg loyalist to Nazi victim. *Dark Continents* explores how psychoanalytic theory was taken up in Europe and its colonies in the period of decolonization following World War II, focusing on its use by a range of writers including Jean-Paul Sartre, Simone de Beauvoir, Octave Mannoni, Aimé and Suzanne Césaire, René Ménil, Frantz Fanon, Albert Memmi, Wulf Sachs, and Ellen Hellman. Given the multiple gendered and colonial contexts of many of these writings, Khanna argues for the necessity of a postcolonial, feminist critique of decolonization and postcoloniality.

## **Key Concepts in Psychoanalysis**

Race in Psychoanalysis analyzes the often-unrecognized racism in psychoanalysis by examining how the colonialist discourse of late nineteenth-century anthropology made its way into Freud's foundational texts, where it has remained and continues to exert a hidden influence. Recent racial violence, particularly in the US, has made many realize that academic and professional disciplines, as well as social and political institutions, need to be re-examined for the racial biases they may contain. Psychoanalysis is no exception. When Freud applied his insights to the history of the psyche and of civilization, he made liberal use of the anthropology of his time, which was steeped in colonial, racist thought. Although it has often been assumed that this usage was confined to his non-clinical works, this book argues that through the pivotal concept of

"primitivity," it fed back into his theories of the psyche and of clinical technique as well. Celia Brickman examines how the discourse concerning the presumed primitivity of colonized and enslaved peoples contributed to psychoanalytic understandings of self and raced other. She shows how psychoanalytic constructions of race and gender are related, and how Freud's attitudes towards primitivity were related to the anti-Semitism of his time. All of this is demonstrated to be part of the modernist aim of psychoanalysis, which seeks to create a modern subjectivity through a renegotiation of the past. Finally, the book shows how all of this can affect both clinician and patient within the contemporary clinical encounter. *Race in Psychoanalysis* is a pivotal work of significance for scholars, practitioners and students of psychoanalysis, psychologists, clinical social workers, and other clinicians whose work is informed by psychoanalytic insights, as well as those engaged in critical race and postcolonial studies.

## **An Apocryphal Dictionary of Psychoanalysis**

For Freud, famously, the feminine was a dark continent, or a riddle without an answer. This understanding concerns man's relationship to the question of 'woman' but femininity is also a matter of sexuality and gender and therefore of identity and experience. Drawing together leading academics, including film and literary scholars, clinicians and artists from diverse backgrounds, *Femininity and Psychoanalysis: Cinema, Culture, Theory* speaks to

the continued relevance of psychoanalytic understanding in a social and political landscape where ideas of gender and sexuality are undergoing profound changes. This transdisciplinary collection crosses boundaries between clinical and psychological discourse and arts and humanities fields to approach the topic of femininity from a variety of psychoanalytic perspectives. From object relations, to Lacan, to queer theory, the essays here revisit and rethink the debates over what the feminine might be. The volume presents a major new work by leading feminist film scholar, Elizabeth Cowie, in which she presents a first intervention on the topic of film and the feminine for over 20 years, as well as a key essay by the prominent artist and psychoanalyst, Bracha Ettinger. Written by an international selection of contributors, this collection is an indispensable tool for film and literary scholars engaged with psychoanalysts and anybody interested in different approaches to the question of the feminine.

## **A Psychoanalytic Exploration of the Body in Today's World**

Alessandra Lemma - Winner of the Levy-Goldfarb Award for Child Psychoanalysis! Under the Skin considers the motivation behind why people pierce, tattoo, cosmetically enhance, or otherwise modify their body, from a psychoanalytic perspective. It discusses how the therapist can understand and help individuals for whom the manipulation of the body is felt to be psychically necessary, regardless of whether the process of modification causes pain. In this book,

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psychoanalyst Alessandra Lemma draws on her work in the consulting room, as well as films, fiction, art and clinical research to suggest that the motivation for extensively modifying the surface of the body, and being excessively preoccupied with its appearance, comes from the person's internal world – under their skin. Topics covered include: body image disturbance appearance anxiety body dysmorphic disorder the psychological function of cosmetic surgery, tattooing, piercing, and scarification. Under the Skin provides a detailed study of the challenges posed by our embodied nature through an exploration of the unconscious phantasies that underlie the need for body modification, making it essential reading for all clinicians working with those who are preoccupied with their appearance and modify their bodies including psychotherapists, counsellors, psychiatrists and psychologists.

## **In the Flesh**

On psychoanalysis and music appreciation

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